



**LOWERHOUSE JUNIOR SCHOOL**

LIVERPOOL ROAD

BURNLEY

BB12 6LN

Tel: 01282 426774

Email: [admin@lowerhouse.lancs.sch.uk](mailto:admin@lowerhouse.lancs.sch.uk)

Website: [www.lowerhousejunior.co.uk](http://www.lowerhousejunior.co.uk)

**HEADTEACHER:** Mr G Lloyd

## *Lowerhouse - Inspiring a lifelong love for learning!*

Dear Parents/ Carers,

I am excited to inform you that we will be introducing Forest School to Lowerhouse Junior School this year. Forest School gives children the unique opportunity of learning in an outdoor 'woodland' environment which we are lucky enough to be able to provide within our school grounds.



### **What is Forest School?**

Forest school is an opportunity for your child to experience nature and the outdoor environment in a safe, secure and hands on way. Forest School allows children to explore, play and problem solve using a range of activities with the aim of building their sense of independence, self-esteem and teamwork abilities. The children are taught about nature and how to respect all living things. In our Forest School sessions children will learn how to use tools and we will have a campfire in some sessions.

For more information about our Forest School Curriculum, please visit our Forest School page on our school website. This includes information on the type of activities your child will be taking part in and how we manage risks.

### **When will sessions run?**

Forest School sessions will run on a Friday over a half term period. Information and reminders will be sent out prior to your child's half term sessions. Your child will come to school in their Forest School clothes on this day but will need their uniform too if a change of clothes is needed following the session.

### **What will my child need?**

Please see the 'What to Wear' attachment to this letter. Ensure your child's name is on EVERYTHING!

We are looking forward to starting this exciting adventure across school.

Yours sincerely

Mr G Lloyd  
Headteacher



**LOWERHOUSE JUNIOR SCHOOL**

LIVERPOOL ROAD

BURNLEY

BB12 6LN

Tel: 01282 426774

Email: [admin@lowerhouse.lancs.sch.uk](mailto:admin@lowerhouse.lancs.sch.uk)

Website: [www.lowerhousejunior.co.uk](http://www.lowerhousejunior.co.uk)

HEADTEACHER: Mr G Lloyd

*Lowerhouse - Inspiring a lifelong love for learning!*

## **What to Wear**

Forest School Clothing guide:

***“There is no such thing as bad weather, just unsuitable clothing!”***

Parents/carers – We value and recognise the effort it takes to ensure your child comes prepared, so that they can get the most out of Forest School sessions. In particular, this means making sure they are appropriately dressed. It can be hard to predict just how many layers a child will need but it is always colder in the shaded areas under the trees. Please see below for our recommendations. Your other crucial role is to embrace the mud! Please do not send your child in their best clothes as they will almost certainly get dirty during the session!



**Layers!** THE best way to keep warm.

- add one more than you think (We can always remove a layer but once cold, it can be hard to warm up)

### **Waterproof trousers**

- Essential!
- Standard ‘thin’ pair in summer for protection
- School do have spare waterproof trousers if children wish to wear these too.

### **Trousers**

- Full length for protection
- Extra pair of leggings/tights/thermals under normal trousers in cold weather

### **Warm socks**

- Wellies get very cold! • Extra pair of socks inside wellies  
(Normal socks in wellies are not warm enough for cooler weather)

### **Waterproof coat**

- Preferably with a hood
- Thick and warm in winter (or use an extra fleece layer)
- School do have spare waterproof trousers if children wish to wear these too.

### **Warm hat**

- Preferably covering ears.



## LOWERHOUSE JUNIOR SCHOOL

LIVERPOOL ROAD

BURNLEY

BB12 6LN

Tel: 01282 426774

Email: [admin@lowerhouse.lancs.sch.uk](mailto:admin@lowerhouse.lancs.sch.uk)

Website: [www.lowerhousejunior.co.uk](http://www.lowerhousejunior.co.uk)

HEADTEACHER: Mr G Lloyd

### *Lowerhouse - Inspiring a lifelong love for learning!*

#### **Mittens/Gloves**

- Thermal and waterproof  
(Knitted gloves get damp and do not keep hands warm enough during the colder months.)

#### **Tops**

- ALWAYS long sleeves (for protection)
- At least 3 layers under coat in winter (eg. top, jumper, fleece and coat, or 'base layer', top, warm jumper and coat)

#### **Waterproof boots**

- Wellies/suitable footwear for outdoor activities are essential!

**Please Note!** In summer, wellies, waterproof trousers and light long sleeves are still essential, for protection in our environmental area etc. Please also send a sunhat in hot weather.

- School uniform and carrier bags for dirty/wet clothing to be brought into school as a change of clothes if needed following their Forest School session.

