



Lowerhouse Junior School Curriculum Map PSHE



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	12 sessions		12 sessions		10 sessions	
	World First Aid Day	Children in need Parliament week Bonfire safety	Children's mental Health week Safer internet Day International Happiness Day	Earth Day	National Smile Month - May	World environment day
Year 3	The Emergency services (What Are Emergency Services?) About me and why I'm special. My dreams. Differences and similarities. Faith and religion. Differences and similarities. Feeling safe and my 'uh-oh' signs. Money and possessions.		My health (hygiene) My health (exercise) My health (sleep) Feeling safe and my 'uh-oh' signs. My helping hand network (1) My helping hand network (2) Feeling safe and my 'uh-oh' signs. Secrets and surprises (When should I break a secret?)		The internet and social media. Rights and responsibilities. Risks in the home. My friends and family. Safety on the roads and streets. My friends and family. Making safe decisions (consent) Evaluation	
Year 4	About me and why I'm special. Feeling proud of myself. Environment and animals. My helping hand network. Feeling safe and my 'uh-oh' signs. Changes and when someone goes away. My community and the wider world (Who makes up my community?) Law and crime.		Rights and responsibilities. Feeling safe and my 'uh-oh' signs. My friends and family. The internet and social media. Making safe decisions. Feeling safe and my 'uh-oh' signs. My health. My health (sun safety)		Drugs, alcohol and smoking. Faith and religion. About me and why I'm special. Money and possessions. My dreams. The internet and social media. Making safe decisions (prejudice) (What are protected characteristics?) Evaluation	

<p>Year 5</p>	<p>About me and why I'm special. My dreams. My friends and family. Faith and religion. Making safe decisions. Feeling safe and my 'uh-oh' signs. Valuing the law, weapons and what is a crime (1) Valuing the law, weapons and what is a crime (2)</p>	<p>Money and possessions. (What are the risks with money?) Changes and helping hand network. (Why are our special people important?) When someone goes away. My health. My health (isolation and loneliness) My health (physical illness) Making safe decisions. My community and the wider world.</p>	<p>Feeling safe (grooming). (What is grooming?) Rights and responsibilities. Puberty and changes (1) Puberty and changes (2) The Emergency services (responding to an accident) Making safe decisions (discrimination) Making safe decisions (consent) (What are my personal boundaries?) Evaluation</p>
<p>Year 6</p>	<p>About me and why I'm special. Rights and responsibilities Faith and religion. My friends and family. Feeling safe and my 'uh-oh' signs. My health (eating). My health. Drugs, alcohol and smoking (Lesson 10) (What does the law say about legal drugs?) Risks in my home. Drugs, alcohol and smoking (Lesson 13). (What is the issue with addiction?) Bonfire Night and Firework Safety Lesson</p>	<p>Risks in my home The Emergency Services Feeling safe and my 'uh-oh' signs. Law and crime (knife crime). (What is a weapon?) Safety on the roads and streets. Money and Possessions Secrets and surprises. The internet and social media. (How is my data shared?) Making safe decisions. Law and crime (county lines)</p>	<p>Making safe decisions (discrimination) My friends and family. My helping hand network. My health (mental wellbeing) My health. Changing schools. (How can I get ready for secondary relationships?) The internet and social media. (Y5 – What are online friendships?) Law and crime (hate crime)</p>