



## Lowerhouse Junior School, Burnley

PSHE POLICY	
Written By	A.Roberts
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*Inspiring a lifelong love for learning*

*Aspiration*

*Integrity*

*Respect*






*Resilience*

*Aspiration Integrity Respect Resilience*









## **1. Aims**

Personal, Social, Health and Economic education (PSHE) at Lowerhouse Junior School is an important and necessary part of children's education. Our PSHE provision is based on three core pillars; wellbeing, health and relationships, and provides a framework which supports pupils to make 'sound' decisions, build resilience and develop appropriate responses. We use the The 'Dot Com Digital' programme focuses on providing strategies to develop safe behaviours in an ever changing world.

Statutory elements of the Relationships and Health education:

-  families and people who care for me
-  caring relationships
-  respectful relationships
-  online relationships
-  being safe

Our PSHE curriculum builds on the statutory elements of the Relationships and Health education and covers:

-  mental wellbeing
-  internet safety and harms
-  physical health and fitness
-  healthy eating
-  drugs, alcohol and tobacco (taught within the Science curriculum)
-  health and prevention
-  basic first aid
-  changing adolescent body (taught within the Science curriculum Year 5)



We intend for our curriculum to be accessible to all children and they will be taught in a safe atmosphere where they can express their feelings and explore sensitive issues. Children will develop the skills to empathise with others and develop their own identity, values and beliefs and to further consolidate our school ethos and values.

Under the Equality Act 2010 we have a duty not to discriminate against people on the basis of their age, disability, gender reassignment, being married or in a civil partnership, pregnancy or on maternity leave, race, religion or belief, sex and sexual orientation. We are committed to meet the Public Sector Equality Duty (PSED) requirement to have due regard to the need to eliminate discrimination, advance equality of opportunity and foster good relations.

This policy has been equality impact assessed and we believe that it is in line with the Equality Act 2010 as it is fair, it does not prioritise or disadvantage any pupil and it helps to promote equality at this school.

## **2. Statutory Requirements**

PSHE is a non-statutory subject. However, there are aspects of it we are required to teach.

-  We must teach relationships education under the Children and Social Work Act 2017, in line with the terms set out in statutory guidance
-  We must teach health education under the same statutory guidance

This policy also complies with the terms of our funding agreement.

## **3. Content and delivery**

### **3.1 What we teach**

As stated above, we're required to cover the content for relationships education, and health education, as set out in the statutory guidance (linked to above).

Refer to our relationships and health education policy for details about what we teach, and how we decide on what to teach, in this subject.

For other aspects of PSHE, including health education, see our curriculum map and planning documents for more details about what we teach in each year.

### **3.2 How we teach it**

We teach PSHE every term, this may be condensed into or covered in one half term, through discreet lessons using the Dot Com programme which is an online tool and resource which helps give children the knowledge, skills and confidence to support them against current and emerging threats. Difficult scenarios are presented to the children using central characters which change as the children progress through the school. This allows children to explore, understand and discuss any potential risks which they could encounter in their lives. Resources and activities can be completed online or offline. Pupils can request a moment (Dot minute) with their teacher to discuss a concern or worry.\* The online programme's content meets statutory guidance for England with regards to RSE Framework (2020). We also supplement this with resources provided by Pol Ed which match the same objectives and cover some of the objectives through Computing (internet safety) and RE (community).

We may further consolidate elements of the curriculum through assemblies and awareness days. We teach the 'changing adolescent body' (in Year 5) and drugs, alcohol and tobacco also within our Science curriculum scheme of work. To see how we support pupils with SEND to access the curriculum please look at our SEND page, link below.

[Lowerhouse Junior School - SEND](#)

Lessons will be adapted where appropriate and pupils supported to access the learning in a variety of ways appropriate to the pupils' needs.

Teachers can raise any concerns about teaching certain areas of the curriculum with the PSHE lead or with Senior Leaders.

We assess pupils using a wide range of processes such as questioning, discussion, quizzes, mind maps etc This may take place before, during and at the end of a series of learning or term.

## **4. Roles and responsibilities**

### **4.1 The governing body**





The governing body will approve the PSHE policy, and hold the headteacher to account for its implementation.

### **4.2 The headteacher**

The headteacher is responsible for ensuring that PSHE is taught consistently across the school.

### **4.3 Staff**

Staff are responsible for:




-  Delivering PSHE in a sensitive way
-  Modelling positive attitudes to PSHE
-  Monitoring progress
-  Responding to the needs of individual pupils

### **4.4 Pupils**

Pupils are expected to engage fully in PSHE and, when discussing issues related to PSHE, treat others with respect and sensitivity.

## **5. Monitoring arrangements**

The delivery of PSHE is monitored by the PSHE Lead through:

-  Collecting pupils' views and work scrutiny – subject spot check
-  Discussions with staff
-  Lesson observations and learning walks.

Pupils' progress and development in PSHE is monitored by class teachers and our PSHE lead as part of our internal assessment systems.

This policy will be reviewed by the PSHE Lead every 2 years. At every review, the policy will be approved by the governing body.

## **6. Links with other policies**

This policy links to the following policies and procedures:

[Relationship and Health Education Policy](#)

## **Review**

This policy will be reviewed in September 2026.